

WASHINGTON TRACK AND FIELD

May 7, 2003

//For Immediate Release// Contact: Brian Beaky

Huskies Compete on Three Fronts on Busy Final Weekend of 2003 Regular Season

On the Track: Washington closes out the 2003 regular season this weekend with competition on two fronts, while a pair of multi-event athletes will open Pac-10 Championships competition in Los Angeles. Husky fans in Seattle will enjoy the Ken Foreman Invitational, hosted in Husky Stadium by Seattle Pacific University, as many of Washington's top competitors take to the track in a last-chance effort to improve NCAA and Pac-10 qualifying efforts. The Foreman will begin Saturday morning with the javelin throw at 9 a.m., with events on the track scheduled to commence at 10:00 a.m. Distance runners Eric Garner, Courtney Inman and Jeremy Park will head south to Stanford for Friday's Cardinal Qualifier, while Kendra Caprye and Nick Verbon will compete in the heptathlon and decathlon, respectively, at the Pac-10 Multi-Event Championships at USC. The multi-events will begin Saturday and conclude Sunday.

Event Schedule: Following is an event schedule for Saturday's events at the 2003 Ken Foreman Invitational at Husky Stadium. Also below is a schedule of multi-events activity at this weekend's Pac-10 Multi-Events Championships. For schedules of events for Friday's Cardinal Qualifier, visit www.gostanford.com. All times are Pacific.

Ken Foreman Invitational - Husky Stadium

9:00 a.m. 9:30 a.m.	Javelin (M/W) Shot Put (W/M)	1:00 p.m. 1:00 p.m.	Long Jump (M/W) 110m HH/100m HH (M/W)
9:30 a.m.	Triple Jump (M/W)	1:20 p.m.	400m Dash (W/M)
10:00 a.m. 10:00 a.m.	10,000m (Comb.) Pole Vault (M/W/Dec.)	1:30 p.m. 1:35 p.m.	Discus (M/W) 100m Dash (W/M)
11:00 a.m.	High Jump (M/W)	1:50 p.m.	800m (W/M)
11:00 a.m.	Steeplechase (M/W)	2:20 p.m.	400m IH (W/M)
11:30 a.m.	5,000m (W)	2:40 p.m.	200m (W/M)
12:00 p.m. 12:15 p.m.	110m HH (Dec.) 4x100m Relay (W/M)	3:00 p.m. 3:25 p.m.	5,000m (M) 3,000m (W)
12:25 p.m.	1,500m (W/M)	3:45 p.m.	4x400m Relay (W/M)

Pac-10 Multi-Events Championships - Los Angeles, Calif.

	Heptathlon - Sat.	1	Decathlon-Sat.
2:30 p.m.	100m Hurdles	2:00 p.m.	100m Dash
3:15 p.m.	High Jump	2:45 p.m.	Long Jump
5:45 p.m.	Shot Put	4:30 p.m.	Shot Put
7:30 p.m.	200m Dash	5:45 p.m.	High Jump
	Heptathlon-Sun.	8:00 p.m.	400m Dash
1:00 p.m.	Long Jump		Decathlon-Sun.
2:30 p.m.	Javelin	12:00 p.m.	110m Hurdles
3:45 p.m.	800m Run	12:45 p.m.	Discus
E 1:	ltf th- ht-thl d d-	2:15 p.m.	Pole Vault
For live results of the heptathlon and de-		5:00 p.m.	Javelin
	ents at the Pac-10 Champion-	6:30 p.m.	1,500m Run
snips, visit	www.usctrojans.com.	2:00 p.m.	100m Dash

2003 Husky Track Schedule

Indoor

<u>Date</u>	Meet	<u>Location</u>
Jan. 18	Husky Indoor Preview	Seattle
Feb. 1	Husky Invitational	Seattle
Feb. 15	UW Invitational	Seattle
Mar. 1	Pac-10 Invitational	Seattle
Mar. 8	UW Last Chance Qualifier	Seattle
Mar. 14-15	NCAA Champs. Fayette	ville, Ark.

Outdoor

<u>Date</u>	Meet	Location
Mar. 22	Ken Shannon Invite	e Seattle
Mar. 29-30	Stanford Invite	Palo Alto, CA
Apr. 3-5	Texas Relays	Austin, TX
Apr. 12	Oregon Quad	Eugene, OR
Apr. 19	Mt. SAC Relays	Walnut, CA
Apr. 27	Oregon Invite	Eugene, OR
May 3	WSU Dual	Seattle
May 9	Cardinal Qualifier	Palo Alto, CA
May 10	Ken Foreman Invite	e Seattle
May 10-11	l Pac-10 Multi-Events L	os Angeles, CA
May 17-18	Pac-10 Champs. Lo	os Angeles, CA
May 30-31	NCAA Regional	Palo Alto, CA
June 11-14	NCAA Champs. Sa	cramento, CA
June 20-22	USATF Jr. Nat'ls	TBA
June 20-22	USATF Sr. Nat'ls	TBA

Bold font indicates Husky home meet. All home indoor meets held at Dempsey Indoor, all home outdoor meets held at Husky Stadium.

For the latest information on Husky track and field, including results, statistics and releases, visit the official site of UW athletics at:

www.gohuskies.com

Huskies on the Airwaves: 'On Campus with the Huskies,' a half-hour program featuring Washington's Olympic sports teams, debuted last fall on Fox Sports Northwest. The weekly program, hosted by former Husky athlete Elise Woodward, features event highlights and profiles of Husky athletes and coaches. 'On Campus' airs each Thursday at 6:30 p.m. PT.

Meet Results: Results will be posted throughout the meet on a wall next to Tunnel 21 in the Husky Stadium seating area. Following the conclusion of the meet, packets of results will be available in the Don James Center for coaches and meet officials only. Final results will be faxed to all local media and participating schools, and will be posted to www.gohuskies.com, within an hour.

Husky Track Quick Facts

University of Washington Athletic Department, Box 354070 Seattle, WA 98195-4070

Enrollment:	. 37,000 (26,000 undergraduate)
Founded:	Nov. 4, 1861
Interim President:	Dr. Lee L. Huntsman
Director of Athletics:	Barbara Hedges
Home Stadium: I	Dempsey Indoor/Husky Stadium
	(206) 551-3261
	Pacific-10
	Greg Metcalf (1st year)
	nps): Pat Licari (7th year)
	(urdles):. Dion Miller (1st year)
	Bud Rasmussen (1st year)
): David Bazzi (2nd year)
	: Kelly MacDonald (1st year)
	(206) 221-2625
Website:	www.gohuskies.com
2002 Men's Pac-10 Fin	ish: 8th
2002 Men's NCAA Fin	ish: 30th (tied)
	Finish: 9th
2002 Women's NCAA	Finish: N/A
NCAA Competitors Re	eturning/Lost: 3/1
Best Men's Conference	Finish: 2nd (1976)
Best Men's NCAA Fini	sh: 2nd (1929, 1930)
Best Women's Conferen	ce Finish:4th (1995, '96, '98)
Best Women's NCAA I	Finish: 10th (1988)

Husky Media Relations

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- Outdoor rankings as of May 6.

Fax: (206) 543-5000

2003 USTCA Dual Meet Power Rankings*

Men		Women		
1. UCLA	364.25	1. UCLA	393.06	
2. Tennessee	361.28	2. LSU	384.24	
Florida	357.50	3. N. Carolina	383.38	
Florida State	357.02	4. S. Carolina	364.51	
5. BYU	355.81	Nebraska	362.60	
6. Indiana	347.66	Florida State	357.40	
Nebraska	346.98	7. Wash. State	352.93	
8. Minnesota	346.71	8. BYU	349.31	
Colorado St.	341.77	9. Indiana	348.26	
10. Arizona	339.16	Penn State	345.73	
Clemson	336.07	11. Arizona	341.95	
S. Carolina	335.86	12. Florida	341.44	
13. Wichita St.	333.97	13. Cornell	339.16	
14. Texas	333.53	14. San Diego St.	338.62	
15. Wash. State	332.21	15. Washington	335.10	
Georgia	330.07	16. Minnesota	334.27	
17. Purdue	329.63	17. Idaho	329.63	
18. Texas A&M	327.74	18. Nevada-Reno	329.29	
Penn State	325.82	Notre Dame	329.27	
24. Washington	322.27	20. Miami (OH)	324.42	

Rankings Report: Both Husky teams remained among the top-25 teams in this week's U.S. Track Coaches' Association Dual Meet Power Rankings, which simulate head-to-head competition between the nation's elite collegiate squads. The Husky women earned a school-record 335.10 points to rank 15th, just 58 points behind top-ranked UCLA. The Bruins also held the top spot in the men's rankings with 364.25 points, while Washington settled in at 24th with a score of 322.27. Neither UW team was ranked in Tuesday's release of the Trackwire 25, which predicts team scoring at the NCAA Championships.

New NCAA Format: For the first time ever, the NCAA will use Regional Championship meets this season to determine qualifying for the NCAA Track and Field Championships. Stating a desire to place an emphasis on competition, rather than best marks, the NCAA Championships will draw the top-five finishers in each individual event, and top-three relay teams from each of the four Regionals nationwide, to be contested May 30-31. Athletes will qualify for the Regional meets by meeting pre-determined NCAA standards, or by winning their conference championship. The NCAA will then round out the Championships field by selecting the highest-ranking individuals (approximately six per individual event and five per relay) from the national collegiate performance lists, provided those athletes competed at their respective Regional meets and were not among the finishers to earn automatic NCAA berths. The lone exceptions to the Regional qualifying system will be the 10,000-meter and multi-events, which will not be subject to Regional competition. Athletes will continue to qualify for the NCAA Championships in those events as they have in the past, by meeting pre-determined provisional and automatic-qualifying standards.

Where No Husky Has Gone Before: At the season-opening Ken Shannon Invitational, five Husky throwers became the first UW athletes ever to qualify for the NCAA Regional Championships, which will be contested for the first time May 30-31 at Stanford University. The list included four spear specialists, headlined by three-time top-10 Pac-10 finisher **Heather Reichmann**. Joining Reichmann as Washington's first-ever NCAA Regional qualifiers were freshman **Tiffany Zahn**, a prep All-American in the javelin, sophomore javelin throwers Rigel Wise and Juan Romero, and senior discus competitior Mat Schwinn. The following week, however, the five learned they'd have some company at the Regional meet, as no fewer than 21 Huskies achieved NCAA qualifying marks, including marks in the 10,000 meters by **Sabrina Monro** and **Kate Bradshaw** which qualified them directly for the NCAA Championship meet in June. Four Husky men, led by national leader Jeremy Park, qualified in the 5,000 meters, spearheading the most prolific NCAA-qualifying day in Washington history. In all, 31 Huskies have qualified for NCAA competition, including 29 NCAA Regional and two NCAA Championships qualifiers. See the box on the following page for a complete list of Washington's NCAA qualifiers.

Garnering Acclaim: While 31 Huskies may have met the NCAA qualifying standards in 2003, only one has achieved the feat three times over. Junior Eric Garner, who burst onto the national track scene in 2002 with a school-record 3:58.93 mile at Dempsey Indoor, has been Washington's most prolific postseason qualifier this season, boasting NCAA Regional marks at 800-, 1,500-, and 5,000 meters. A graduate of Kelso (Wash.) High School, Garner placed fourth in the 800 and fifth in the 1,500 meters at the 2002 Pac-10 Championships, and was the 13th overall finisher in the mile at the 2002 NCAA Indoor Championships.

Washington's 2003 NCAA Regional Championships Qualifiers									
	I	Men				v	Vomen		
			Regional	National				Regional	National
Name	Event	Mark	Ranking	Ranking	<u>Name</u>	Event	<u>Mark</u>	Ranking	Ranking
Brad Walker	Pole Vault	18-6 1/2	1st	1st	Brittiny Roberts	Triple Jump	41-4 1/2	2nd	40th (tie)
Eric Garner	1,500m	3:44.37	6th	24th	Courtney Inman	1,500m	4:17.39	3rd	8th
Jeremy Park	5,000m	13:54.07	7th	16th	Sabrina Monro*	10,000m	33:32.28		9th
John Russell	1,500m	3:44.65	7th	26th	Courtney Inman	800m	2:07.04	4th	15th
Sean Williams	400m Dash	47.19	12th	56th	Sabrina Monro	5,000m	15:56.90	4th	10th
Rigel Wise	Javelin	205-7	12th	70th			159-2	4th	10th
Eric Garner	800m	1:50.74	13th	76th	Kate Bradshaw*	10,000m	34:43.47		25th
Jeremy Park	1,500m	3:46.58	13th	44th	Kate Soma	Pole Vault	13-1 1/2	6th	14th (tie)
Seth Jens	Javelin	201-6	16th (tie)	87th (tie)	Tiffany Zahn	Javelin	155-2	7th	27th
Eric Garner	5,000m	14:13.26	20th	61st	Sidney Brown	Triple Jump	40-1 1/4	9th	84th
Juan Romero	Javelin	201-1	20th	91st	Sidney Brown	High Jump	5-7	15th (tie)	75th (tie)
Jesse Fayant	Steeplechase	9:07.77	22nd	83rd	Brittiny Roberts	High Jump	5-7	15th (tie)	75th (tie)
Mat Schwinn	Discus	172-0	22nd	75th	Cambrielle Jensen	400m Hurdles	1:00.51	16th	66th (tie)
Andy Fader	1,500m	3:48.64	24th	85th	Kate Spigel	Steeplechase	10:37.66	17th	34th
Fumi Nagahisa	Pole Vault	16-0 3/4	24th (tie)	84th (tie)	Kameko Gay	Hammer	181-6	18th	46th
Sam Roberts	Pole Vault	16-0 3/4	24th (tie)	84th (tie)	Cherron Davis	Shot Put	47-9 3/4	20th	76th (tie)
Jon Hickey	1,500m	3:49.18	27th	103rd (tie)	Brynne Steward	100m Hurdles	14.05	22nd (tie)	101st (tie)
Jesse Fayant	5,000m	14:19.02	30th	94th	Carly Dockendorf	Pole Vault	12-5 1/2	25th (tie)	68th (tie)
Andy Fader	5,000m	14:23.88	37th	132nd	Camille Connelly	Steeplechase	10:53.28	27th	69th
					Lindsey Egerdahl	1,500m	4:30.00	27th	95th

Just Dandy, Thank You: Much of the reason for Washington's lofty rankings is the success of an outstanding trio of individuals. Seniors Brad Walker, Courtney Inman and Sabrina Monro each earned top-10 individual rankings in this week's Trackwire Dandy Dozen, which predicts individual order of finish at the NCAA Championships. Factoring in seed marks, injury history, and past performance in major competitions, Trackwire ranks Walker No. 1 overall in the pole vault, Inman 10th in the 1,500 meters and Monro sixth in the 5,000 and eighth at 10,000 meters. Trackwire is wise to bank on Walker — the service ranked him No. 1 throughout the 2003 indoor season and he didn't let them down, winning the NCAA indoor title by nine inches while achieving the third-best indoor mark in the world in 2003.

20 Years of Spear Success: From Fred Luke and Duncan Atwood, to Darryl Roberson and Helena Uusitalo, Washington has a longstanding tradition of excellence in the javelin. This year's crop is no exception, with four Huskies qualifying for the NCAA Regional Championships at the first meet of the 2003 season. Senior Heather **Reichmann** is a three-time top-10 finisher at the Pac-10 Championships, and last weekend bettered her own school record with the newer, heavier implement. Redshirting senior Megan Spriestersbach boasts NCAA experience, and freshman Tiffany Zahn, already an NCAA qualifier this season, earned prep All-American honors from Track and Field News in 2002. Junior Seth **Jens** — the seventh-place finisher at the 2002 Pac-10 meet — and sophomores **Rigel Wise** and **Juan Romero** are all NCAA qualifiers in 2003. Since 1982, when women's track and field joined the NCAA, the Huskies have sent at least one competitor in the javelin to all but three NCAA Championships, a span of 21 years. The list includes four Pac-10 Champions (Uusitalo -- 1987, Roberson --1988-89, Troy Burkholder -- 1996), one NCAA champion (Uusitalo -- 1986) and a U.S. Olympian (Atwood -- 1984). In all, three different Huskies have thrown the javelin for the U.S. at the Olympic Games and three more have earned NCAA titles. In UW history, no event has featured more separate NCAA champions than javelin's three, with only the four hammer throw titles won by Scott Neilson eclipsing the UW's success in the spear.

Husky Greats Give Back: Looking for an explanation for the Huskies' success in the javelin this season? Look no further than 1984 U.S. Olympian **Duncan Atwood**, who has volunteered his time to his alma mater this season, working with first-year assistant coach **Bud Rasmussen**. Atwood, however, is just one of the former Husky greats lending their expertise to an eager group of UW collegians. Four-time Pac-10 sprints champion Ja'Warren Hooker has been taking time off from the professional track circuit to mentor Washington's up-and-coming sprinters, volunteering his assistance to first-year assistant coach Dion Miller. The results speak for themselves: so far in 2003, four UW javelin throwers have qualified for the NCAA Regional Championships, while the Husky sprinters have seen improvement across the board. Atwood and Hooker join firstyear head coach Greg Metcalf, a two-time steeplechase All-American at UW and a participant at the 1996 U.S. Olympic Trials, as well as two-time Husky All-American David Bazzi, now a fulltime assistant coach.

Resourceful Recruiting: Washington's coaches in 2003 have found a creative way to add numerous elite athletes to the squad without having to give up any scholarships — cull the most talented athletes from the UW's other sports. This season's Husky roster, therefore, features nine players from the Husky football team, one UW gymnast, and one better known for her exploits on the basketball court. Those to make the biggest impact so far in 2003 are the football players, four of whom lead the team in their events and three freshman tailback Shelton Sampson, sophomore cornerback Roc Alexander and safety James Sims—who are Pac-10 qualifiers, in the 200m, 100m and triple jump, respectively. Former Husky basketball player and school-record javelin thrower Heather **Reichmann** is an NCAA Regional qualifier, as is redshirt freshman gymnast Carly Dockendorf, who moved into third in school history in the pole vault last week with a mark of 12-5 1/2 in her firstever UW competition. Those three are joined on the UW roster by wide receivers Reggie Williams and Matt Williams, cornerbacks Matt Fountaine and Derrick Johnson, tailback Chris Singleton and former UW linebacker Will Conwell, the latter of whom is redshirting the 2003 season.

Double-Duty Dockendorf: Freshman football/basketball star Nate Robinson may be Washington's most celebrated two-sport athlete in 2003, but even he isn't trying to compete in two sports at once. That's what's being accomplished by Port Moody, B.C., native Carly Dockendorf, a star for the Husky gymnastics team who last weekend made her UW pole vault debut memorable by winning the event at the WSU Dual with an NCAA-qualifying mark of 12-5 1/2 that is the third-best in school history. The weekend of Mar. 1, though, may have marked the most impressive display of Dockendorf's athletic ability. On Friday, Feb. 28, with the gymnasts needing a big performance from Dockendorf to extend an undefeated home season, the redshirt freshman scored a perfect 10 on the floor exercise, just the sixth perfect 10 in UW history. Barely 12 hours later, Dockendorf pulled on her track spikes and soared 12-feet, zero inches in the pole vault at the Pac-10 Indoor Track Invitational, a mark which would have ranked fifth all-time in UW history. A provincial pole vault champion as a prep, Dockendorf was named Rookie of the Year by the Husky gymnastics team in 2002. Dockendorf has been one of UW's most outstanding gymnasts in 2003, tallying three perfect 10s on the floor, including at the Pac-10 Championships, where she shared the conference crown.

You Might Recall: While the 11 athletes on the roster from sports other than track or cross-country are more than Washington has had in recent years, the practice of mining athletic talent from other UW programs has unearthed countless gems for the Husky track and field squad in the past. In fact, a glance at Washington's career top-10 charts reveals numerous outstanding two-sport performers, including 110m hurdles record-holder Spider Gaines, a tailback for the UW football team in the 1970s, and sprinter Ja'Warren Hooker, the UW record-holder at 100m, 200m, and 400m and a Husky wide receiver from 1997-98. Other names which highlight the list include football players Ernie Conwell (No. 5, shot put), Dana Hall (No. 3, 110m HH), Sterling Hinds (No. 3, 100m/200m), Pete Kaligis (No. 6, shot put), Orlando McKay (No.2, 400m), Brent Merritt (No. 5, 400m) and **Tony Parrish** (No. 5, triple jump). That's not to say that multi-sport success is limited just to the football team. Former UW All-American volleyball star Makare Desilets boasts the school's fifthbest high jump mark, while basketball standout **Tara Davis** is the schoolrecord holder in the triple jump, and ranks second all-time in the long jump. And, of course, current Husky and former hoopster Heather **Reichmann** is the school's all-time record-holder in the javelin (new implement). This list doesn't even include Huskies Herman Brix and Paul Jessup, who starred for Washington's football teams in the 1920s before establishing world records in the shot put and discus, respectively.

Mile Mayhem: Washington's 1,500-meter runners have littered the national collegiate rankings for years, but the group's performance at the Apr. 12 Pepsi Team Invitational may rank as one of the most impressive. Eric Garner, John Russell and Jeremy Park swept the top three spots in the men's event, while Jon Hickey placed seventh, all bettering the NCAA standard. The purple theme continued in the women's 1,500m, with Lindsey Egerdahl earning an NCAA qualifier and Camille Connelly and Kathryn Touran each posting Pac-10 qualifying times. That's seven postseason qualifiers in one event at the same meet. They join NCAA qualifiers Courtney Inman and Andy Fader, and Pac-10 qualifier Todd Arnold to form a team of 10 UW 1,500m runners who should be a force in the postseason. Of the 10, eight boast postseason experience, including past NCAA competitors Garner, Inman and Park, the latter of two of whom own indoor school records in the mile (Inman) and 3,000 meters (Park).

Monster PR of the Week: While Andrew Robinson's 16-second PR of 9:15.85 at last weekend's WSU Dual Meet merits mention, a pair of Husky hurdlers posted marks that simply cannot be ignored. Freshman Brynne Steward and Mallory Higgins were electric in the 100-meter hurdles, with each posting non wind-aided PRs of nearly half a second. Steward's time of 14.05 seconds was an NCAA qualifier and the fifth-fastest ever at UW, while Higgins' 14.87 was her first-ever under 15 seconds.

2003 Husky Track and Field Stastistical Leaders

	W	
100 D 1	Women's	10.27
100m Dash	Rianna Moore	12.37w
200m Dash	Lauran Dignam	25.25
400m Dash	Lauran Dignam	57.66
800m Run	Courtney Inman	2:07.04*%
1500m Run	Courtney Inman	4:17.39*%
Steeplechase	Kate Spigel	10:37.66*%
5000m Run	Sabrina Monro	15:56.90*%
10000m Run	Sabrina Monro	33:32.28%
100m Hurdles	Brynne Steward	14.05*%
400m Hurdles	Cambrielle Jensen	1:00.51*%
4x100m Relay	Steward/Dignam/	47.38
	Moore/Jensen	
4x400m Relay	Jensen/Inman/	3:52.59
	Steward/Dignam	
High Jump	Sidney Brown	5-7*%
	Brittiny Roberts	5-7*%
Pole Vault	Kate Soma	13-3 3/4i*%
Long Jump	Brittiny Roberts	18-4 1/2
Triple Jump	Brittiny Roberts	41-4 1/2*%
Shot Put	Cherron Davis	47-9 3/4*%
Discus	Mia Norheim	143-4
Hammer Throw	Kameko Gay	181-6*%
Javelin	Heather Reichmann	159-2*%
	Men's	
100m Dach		10.53*
100m Dash	Roc Alexander	10.53* 21.18;*
200m Dash	Roc Alexander Shelton Sampson	21.18i*
200m Dash 400m Dash	Roc Alexander Shelton Sampson Sean Williams	21.18i* 47.19*%
200m Dash 400m Dash 800m Run	Roc Alexander Shelton Sampson Sean Williams Eric Garner	21.18i* 47.19*% 1:50.74*%
200m Dash 400m Dash 800m Run 1500m Run	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner	21.18i* 47.19*% 1:50.74*% 3:44.37*%
200m Dash 400m Dash 800m Run 1500m Run Steeplechase	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*%
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant Jeremy Park	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*% 13:54.07*%
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant Jeremy Park Mark Mandi	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*% 13:54.07*% 30:22.92
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant Jeremy Park Mark Mandi Nick Verbon	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*% 13:54.07*% 30:22.92 14.82
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*% 13:54.07*% 30:22.92 14.82 53.50*
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Alexander/Sampson/	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*% 13:54.07*% 30:22.92 14.82
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Alexander/Sampson/ S. Williams/R. Williams	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*% 13:54.07*% 30:22.92 14.82 53.50* 40.79
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Alexander/Sampson/ S. Williams/R. Williams N. Williams/S. Williams/	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*% 13:54.07*% 30:22.92 14.82 53.50*
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Alexander/Sampson/ S. Williams/R. Williams N. Williams/S. Williams/ Brown/Tabor	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*% 13:54.07*% 30:22.92 14.82 53.50* 40.79
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Alexander/Sampson/ S. Williams/R. Williams N. Williams/S. Williams/ Brown/Tabor Warren Eickhoff	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*% 13:54.07*% 30:22.92 14.82 53.50* 40.79 3:13.05 6-9 1/2i*
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay High Jump Pole Vault	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Alexander/Sampson/ S. Williams/R. Williams N. Williams/S. Williams/ Brown/Tabor Warren Eickhoff Brad Walker	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*% 13:54.07*% 30:22.92 14.82 53.50* 40.79 3:13.05 6-9 1/2i* 19-0 1/4i*%
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay High Jump Pole Vault Long Jump	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Alexander/Sampson/ S. Williams/R. Williams N. Williams/S. Williams/ Brown/Tabor Warren Eickhoff Brad Walker Chris Singleton	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*% 13:54.07*% 30:22.92 14.82 53.50* 40.79 3:13.05 6-9 1/2i* 19-0 1/4i*% 23-0 1/2
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay High Jump Pole Vault Long Jump Triple Jump	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Alexander/Sampson/ S. Williams/R. Williams N. Williams/S. Williams/ Brown/Tabor Warren Eickhoff Brad Walker Chris Singleton James Sims	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*% 13:54.07*% 30:22.92 14.82 53.50* 40.79 3:13.05 6-9 1/2i* 19-0 1/4i*% 23-0 1/2 49-3 3/4i*
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay High Jump Pole Vault Long Jump Triple Jump Shot Put	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Alexander/Sampson/ S. Williams/R. Williams N. Williams/S. Williams/ Brown/Tabor Warren Eickhoff Brad Walker Chris Singleton James Sims Brendan Tuohy	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*% 13:54.07*% 30:22.92 14.82 53.50* 40.79 3:13.05 6-9 1/2i* 19-0 1/4i*% 23-0 1/2 49-3 3/4i* 50-7 1/2
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay High Jump Pole Vault Long Jump Triple Jump Shot Put Discus	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Alexander/Sampson/ S. Williams/R. Williams N. Williams/S. Williams/ Brown/Tabor Warren Eickhoff Brad Walker Chris Singleton James Sims Brendan Tuohy Mat Schwinn	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*% 13:54.07*% 30:22.92 14.82 53.50* 40.79 3:13.05 6-9 1/2i* 19-0 1/4i*% 23-0 1/2 49-3 3/4i* 50-7 1/2 172-0*%
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay High Jump Pole Vault Long Jump Triple Jump Shot Put Discus Hammer Throw	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Alexander/Sampson/ S. Williams/R. Williams N. Williams/S. Williams/ Brown/Tabor Warren Eickhoff Brad Walker Chris Singleton James Sims Brendan Tuohy Mat Schwinn Brendan Tuohy	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*% 13:54.07*% 30:22.92 14.82 53.50* 40.79 3:13.05 6-9 1/2i* 19-0 1/4i*% 23-0 1/2 49-3 3/4i* 50-7 1/2 172-0*% 162-5
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay High Jump Pole Vault Long Jump Triple Jump Shot Put Discus	Roc Alexander Shelton Sampson Sean Williams Eric Garner Eric Garner Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Alexander/Sampson/ S. Williams/R. Williams N. Williams/S. Williams/ Brown/Tabor Warren Eickhoff Brad Walker Chris Singleton James Sims Brendan Tuohy Mat Schwinn	21.18i* 47.19*% 1:50.74*% 3:44.37*% 9:07.77*% 13:54.07*% 30:22.92 14.82 53.50* 40.79 3:13.05 6-9 1/2i* 19-0 1/4i*% 23-0 1/2 49-3 3/4i* 50-7 1/2 172-0*%

- i Indoor mark
- * Pac-10 Championships qualifier
- % NCAA Championshps Qualifier

World-Class Walker: When Husky senior Brad Walker cleared 18 feet, 6 inches in a sixth-place finish at the USA Senior National Championships last June, he sent a message that he was primed for a big collegiate season in 2003. After his performance at the 2003 NCAA Indoor Championships, however, one has to go beyond the collegiate ranks to find anyone who can compete with the Spokane, Wash., native. Walker's clearance of 19-0 1/4 at the NCAAs was better than all but two indoor marks in the world in 2003, and equaled the winning mark at the 2003 IAAF World Indoor Championships. Walker, who won the NCAA title by nearly nine inches, finished the indoor season tied for third in the world with American Derek Miles and Romain Mesnil of France, and tied Miles for the U.S. best. Walker crushed his own UW record by more than six inches, and became the first Pac-10 vaulter ever to clear the 19-foot mark, shattering by three inches the Pac-10 record of 18-9 1/4 set by Stanford's Toby Stevenson. Following are the 2003 IAAF World Rankings and the all-time collegiate men's pole vault rankings:

2003 IAAF World Rankings

Name	Country	Mark
1. Tim Lobinger	Germany	19-1
2. Adam Ptacek	Czech Republic	19-0 3/4
3. Brad Walker	United States	19-0 1/4
Okert Brits	South Africa	19-0 1/4
Derek Miles	United States	19-0 1/4
Romain Mesnil	France	19-0 1/4
6. Rens Blom	Netherlands	18-10 1/4
Russ Buller	United States	18-10 1/4
Aleksandr Korchmyd	d Ukraine	18-10 1/4
Toby Stevenson	United States	18-10 1/4
Michael Stolle	Germany	18-10 1/4

All-Time Collegiate Pole Vault Top-10

Name	School	Year	Mark
1. Lawrence Johnson	Tennessee	1996	19-7 1/2
Istvan Bagyula	George Mason	1991	19-5
3. Jacob Davis	Texas	1998	19-4 1/4
4. Bill Payne	Baylor	1991	19-2 3/4
5. Joe Dial	Oklahoma State	1985	19-2 1/4
6. Brad Walker	Washington	2003	19-0 1/4
Russ Buller	Louisiana State	1999	19-0 1/4
Jim Davis	Fresno State	2000	19-0 1/4
Doug Fraley	Fresno State	1986	18-11
10. Jeff Buckingham	Kansas	1983	18-10 1/2

Walker's Steady Climb: Currently the nation's leader outdoors with a school-record best of 18-6 1/2, Brad Walker initially enrolled at Washington as a non-scholarship athlete who never cleared 17 feet at University High School in Spokane. Walker blossomed during his sophomore season, improving by more than a foot en route to an All-American indoor campaign. An undiagnosed foot injury hampered Walker outdoors, but he still finished 12th at the NCAA Championship meet before undergoing surgery. After redshirting the 2002 indoor season, Walker posted one of the top outdoor seasons in UW history, shattering the school's pole vault record and earning Washington's first Pac-10 pole vault title in 30 years. A second-place finish at the NCAA Championships and the sixth-place finish at the USA Senior Nationals followed. This season, Walker upped the school record again, to 19-0 1/4 with his performance at the NCAA Indoor meet, and broke his own outdoor record in his first competition. While 2003 will be Walker's final year outdoors, he has one year of eligibility remaining indoors.

Los Angeles, Here We Come: Thus far in 2003, 40 Husky athletes have combined for 51 Pac-10 qualifying marks. Last year, Washington boasted 40 Pac-10 qualifiers, two of whom — pole vaulter Brad Walker and steepler Mike Hill — left Pullman, Wash., with conference titles. Following is a list of all UW athletes currently qualified for the 2003 Pac-10 Championships, along with their current conference ranking. Pac-10 teams can bring a maximum of 24 athletes and two wild cards per team to the meet, and in addition may place one athlete in each event for which the school has no qualifier. Thus, some athletes to post qualifying marks may not compete, and others not qualified may be entered in some events.

Men

Pac-10

			<u> </u>
<u>Name</u>	<u>Event</u>	<u>Mark</u>	<u>Rank</u>
Roc Alexander	100m	10.53	8th
Todd Arnold	Mile	4:06.65	7th
Brandon Bailey	400m Hurdles	53.53	20th
Ryan Brown	800m	1:50.97	12th
Warren Eickhoff	High Jump	6-9 1/2	10th (tie)
Andy Fader	1,500m	3:48.64	13th
•	5,000m	14:23.88	21st
Jesse Fayant	Steeplechase	9:07.77	9th
	5,000m	14:19.02	17th
Eric Garner	800m	1:50.74	4th
	1,500m	3:44.37	3rd
	5,000m	14:13.26	13th
Brad Goodrich	400m Hurdles	53.50	18th
Jon Hickey	1,500m	3:49.18	16th
•	5,000m	14:31.78	25th
Seth Jens	Javelin	201-6	10th
Jeremy Park	1,500m	3:46.58	9th
•	5,000m	13:54.07	6th
Juan Romero	Javelin	201-1	12th
John Russell	1,500m	3:44.65	5th
Shelton Sampson	200m	21.18	5th
Mat Schwinn	Discus	172-0	11th
James Sims	Triple Jump	49-3 3/4	10th
Brad Walker	Pole Vault	19-0 1/4	1st
Sean Williams	400m Dash	47.19	11th
Rigel Wise	Javelin	205-7	8th

Women

Wollen				
			Pac-10	
Name	Event	<u>Mark</u>	Rank	
Mary Beeman	Shot Put	44-9 1/2	18th	
Kate Bradshaw	5,000m	17:04.12	17th	
Sidney Brown	Triple Jump	40-1 1/4	6th	
•	High Jump	5-7	6th (tie)	
Camille Connelly	1,500m	4:35.09	25th	
	Steeplechase	10:53.28	8th	
Cherron Davis	Shot Put	47-9 3/4	12th	
Carly Dockendorf	Pole Vault	12-5 1/2	17th (tie)	
Lindsey Egerdahl	1,500m	4:30.00	16th	
Kameko Gay	Shot Put	44-11 3/4	17th	
-	Hammer Throw	181-6	10th	
Jamie Gibbs	5,000m	17:21.06	22nd	
Laura Hodgson	5,000m	17:28.43	25th	
Courtney Inman	800m	2:07.04	3rd	
	1,500m	4:17.39	2nd	
Cambrielle Jensen	400m Hurdles	1:00.51	11th	
Sabrina Monro	5,000m	15:56.90	4th	
Heather Reichmann	Javelin	159-2	3rd	
Brittiny Roberts	Triple Jump	41-4 1/2	2nd	
	High Jump	5-7	6th (tie)	
Kate Soma	Pole Vault	13-3 3/4	6th	
Kate Spigel	Steeplechase	10:37.66	4th	
Brynne Steward	100m Hurdles	14.05	17th	
Kathryn Touran	1,500m	4:36.04	26th	
Tiffany Zahn	Javelin	155-2	6th	

2003 Updates to	UW Indoor	School Records
_		

Men				Women					
			All-time	School				All-time	School
<u>Name</u>	Event	<u>Mark</u>	<u>UW Rank</u>	<u>Record</u>	<u>Name</u>	Event	<u>Mark</u>	UW Rank	Record
Jeremy Park	3,000m	7:54.13	1st	Same	Courtney Inman	800m	2:08.39	1st	Same
Brad Walker	Pole Vault	19-0 1/4	1st	Same	Courtney Inman	Mile	4:40.24	1st	Same
Park/S. Williams/	DMR	9:40.82	1st	Same	Sabrina Monro	5,000m	16:22.13	1st	Same
Arnold/Garner					Brittiny Roberts	Triple Jump	41-4 1/4	1st	Same
Ryan Brown	800m	1:50.97	2nd	1:50.65	Kate Soma	Pole Vault	13-3 3/4	1st	Same
Shelton Sampson	200m	21.18	3rd	20.56	Alexis Jaime	Pole Vault	12-4	3rd	13-3 3/4
Todd Arnold	800m	1:51.55	4th	1:50.65	Kameko Gay	Weight Throw	50-2 3/4	4th	55-2
N. Williams/S. Williams/	4x400m	3:11.71	4th	3:07.33	Sidney Brown	Triple Jump	39-4 1/2	5th	41-4 1/4
Goodrich/Forni					Sidney Brown	High Jump	5-7	6th	6-2
Ben Koss	5,000m	14:36.22	5th	13:58.51	Cherron Davis	Weight Throw	42-3 1/4	7th	55-2
Greg Forni	400m	48.03	6th	46.45	Mariah Swango	Pole Vault	10-10	t7th	13-3 3/4
Marc James	60m Hurdles	8.10	6th	7.82	Cherron Davis	Shot Put	46-1 1/4	8th	52-7 1/2
James Sims	Triple Jump	49-3 3/4	6th	50-10	Mia Norheim	Weight Throw	40-9	8th	55-2
Fader/Brown/	DMR	10:01.35	6th	9:40.82	Egerdahl/Dignam/	DMR	11:54.68	8th	11:35.41
Tabor/Hickey					Chapman/Connelly				
Johnson/S. Williams/	4x400m	3:12.42	t6th	3:07.33	Laura Hodgson	5,000m	17:33.35	9th	16:22.13
Brown/Forni					Brittiny Roberts	High Jump	5-6	t10th	6-2
N. Williams/S. Williams/	4x400m	3:12.42	t6th	3:07.33					
Brown/Goodrich									
Sean Williams	400m	48.19	7th	46.45					
Jesse Fayant	5,000m	14:45.21	8th	13:58.51					
Nik Williams	400m	48.29	8th	46.45					
Andy Fader	800m	4:08.40	9th	3:58.93					
Mark Mandi	5,000m	14:48.40	9th	13:58.51					
Travis Boyd	5,000m	14:50.18	10th	13:58.51					
Andy Fader	3,000m	8:13.51	10th	7:54.13					
Brendan Tuohy	Weight Throw	53-8 1/4	t10th	71-5 1/2					

Ridiculous Records: Washington's track and field athletes in 2003 rendered the indoor school records section of the Huskies' Track and Field Media Guide completely obsolete, posting no fewer than 38 marks among the top-10 in school history. Included among the top-10 marks were a whopping eight school records, or one more than Husky athletes set in 2001 and 2002, combined. Senior Jeremy Park had a hand in two such records, as did senior Courtney Inman. Inman was one of twelve Huskies to post top-10 marks in multiple events, with sophomore Sean Williams notching five top-10 marks, including relays. See the box above for a full list of the athletes who have cracked the UW's all-time top-10 indoor rankings in 2003, as well as a list of Washington's indoor school records.

It's Not the Size of the Dog in the Fight...: ... it's the size of the fight in the dog. Sophomore pole vaulter Kate Soma may stand only an inch above 5'-0", but the Portland, Ore., native towers over all UW female vaulters, past and present. Soma is the only Husky woman ever to clear 13 feet in the pole vault, having done so both indoors and outdoors. In fact, only five UW women have ever cleared 12 feet in the event, a feat Soma has accomplished in 21 of her 26career pole vault finishes, including the 2003 NCAA Indoor meet, where she placed 12th. The meet marked the second NCAA appearance for Soma, who was the 16th-place finisher at the 2002 NCAA outdoor meet. At the Mar. 1 Pac-10 Invitational, Soma broke her own indoor school record with a clearance of 13-3 3/4 that is nearly a foot beyond the UW's all-time second-best mark. As a freshman, Soma notched a school-record clearance of 13-1 1/2 outdoors, and added 11 inches to the UW's indoor best with a mark of 12-11 1/2. Currently, Soma is qualified for the NCAA Regional meet with a school-record outdoor best of 13-1 1/2.

Triple Threat: Junior triple jumper **Brittiny Roberts** entered rare air on Feb. 15 when she leapt 41-4 1/4 at the UW Invitational, nearly 10 inches farther than the Huskies' previous indoor best. She did herself one better, though, at March's Stanford Invitational, clearing 41-4 1/2 to leapfrog Michele Davis into second on the UW's all-time outdoor list. Roberts' success should come as no surprise, given that her cousin, U.S. track legend Ralph Boston, won the gold medal in the long jump at the 1960 Olympic Games in Rome. Maybe Roberts learned a thing or two from Boston — in addition to the triple jump, she led all Huskies indoors in the high jump, and ranked third on the team in the long jump. A graduate of Bullard High School in Fresno, Calif., Roberts is making an assault on the school outdoor record of 41-7 3/4 set by Tara Davis in 1995. Prior to 2003, Roberts had already joined an elite class of triple jumpers, clearing 40-8 3/4 in a fourth-place finish at the 2002 Pac-10 Championships to rank third all-time at UW. Roberts is one of just six Huskies including teammate **Sidney Brown** — to cover 40 feet in the triple jump outdoors, and one of just three to accomplish the feat indoors. Roberts was outstanding as a prep, competing in the California state championship meet for four consecutive seasons, with four top-10 finishes, including two each in the high and triple jumps. She currently leads all Huskies in the triple, high and long jumps.

Triple Double: Teammates **Brittiny Roberts** and **Sidney Brown** are, in 2003, the first UW women's tandem ever to triple-jump 40 feet in the same season, with Roberts' best of 41-4 1/2 ranking second all-time at Washington, and Brown's 40-1 1/4 the UW's sixth-best mark. For perspective, only three UW women in the entire decade of the 1990s ever reached 40 feet in the event, and only six (including Roberts and Brown) have done it at Washington all-time.

Park Central to UW Success: Perhaps no Husky has risen as quickly this season as senior distance runner Jeremy Park, who earned All-American honors indoors with a 13th-place finish in the 3,000 meters at the 2003 NCAA Indoor Championships. Park has carried over his indoor success to the outdoor season as well, qualifying for the NCAA Regional meet at 5,000 meters with a time of 13:54.02 at March's Stanford Invitational that ranks third in UW history, while adding an NCAA qualifier at 1,500 meters. A graduate of Klamath Falls (Ore.) High School, Park attended Portland State University for two seasons before transferring to UW in the fall of 2001. Last season, Park earned an eighth-place finish in the 1,500m at the Pac-10 Championships, and entered 2003 among Washington's top-three competitors at 1,500m and 5,000m. It was in the 3,000m where Park made his splash indoors, shaving 16 seconds off of his personal best with an NCAA automatic-qualifying time of 7:54.13 on Feb. 15 that ranked fifth in the nation in 2003. In the process, Park became the first UW runner ever to clear eight minutes indoors in the 3,000m, shattering the school record by more than eight seconds. Remarkably, it was the second school record in as many meets for Park, who ran the first leg of the UW's recordsetting distance medley relay squad at February's Husky Invitational.

Queen of the Mile: It seems impossible, but for the past two seasons, senior Courtney Inman has been setting school records nearly every time she steps on the track. Currently, Inman is an NCAA Regional Championships qualifier in both the 800- and 1,500-meter runs, with times that rank among the school's top-five in both. At Mt. SAC in April, Inman set her sights on UW's 1,500-meter record, improving her personal best in the event to 4:17.39 while surpassing all but record holder Regina Joyce (4:12.7) in UW history. Indoors, Inman calmly shaved five seconds off her own school record in the mile, lowering to 4:40.24 a record which stood as high as 4:48.36 barely a year ago. After having lowered the mile record on three separate occasions in 2003, the British Columbia native focused on Sarah Bolender's 800-meter record of 2:11.06. On her first try, Inman lowered that mark to 2:10.56, before taking off another two seconds with a time of 2:08.39 at the Mar. 8 Last Chance Qualifier. Inman earned her third-straight trip to the NCAA Championships, placing ninth in the mile. She was the 14th-place finisher in the event at last year's NCAA Indoor Championships, and took 10th in the 1,500 meters at the 2002 NCAA outdoor meet, where she is again an NCAA qualifier in 2003. Inman also excels at longer distances, having earned All-Pac-10 cross-country honors in 2002, and led all Husky finishers at the 2002 NCAA cross-country meet.

Work of Art: Senior Kameko Gay is certainly adept at using her hands — and we're not talking about her dazzling abilities in the hammer throw. The Portland, Ore., native is an accomplished sculptor in the University's art department. When not molding works of art with her hands, Gay can usually be found breaking a record, as she has done four times at Washington since transferring from Arizona before the 2001 season. A Pac-10 qualifier in the shot put and NCAA Regional qualifier in the hammer throw, Gay most recently broke the school record in the latter at last week's dual meet with Washington State, adding seven feet to her own record with a throw of 181 feet, 6 inches. Interestingly, Gay also trained as a figure skater as a child before turning exclusively to track and field.

Mile, Oh, Mile: By any measure, Husky athletes have dominated the Pac-10 Conference in the mile and 1,500-meter events this season. Already, Washington has 10 athletes qualified for postseason competition at 1,500m (see note on page 4), accounting for nearly 25 percent of the event's qualifiers in the entire Pac-10 Conference. On the men's side the disparity is even greater, with five Husky men in the current field of 19 athletes qualified for the Pac-10 meet, including three — juniors Eric Garner and John Russell, and senior Jeremy Park — among the Pac-10's top-nine.

International Blend: The UW's 2003 roster features several individuals from outside the U.S., including top-10 NCAA 1,500-meter finisher Courtney Inman. Not surprisingly, Canada is the foreign nation with the most athletes on the UW roster, including Inman, freshman Gaelle Banini (Richmond, B.C.), redshirt freshman Carly Dockendorf (Port Moody, B.C.) and sophomore Jeff Wallis (Duncan, B.C.). For Banini, however, Canada is just the most recent nation of residence. Born in Cameroon, Africa, Banini moved to France in 1987, and finally settled in Canada in 1994. Joining the Canadian quartet are freshman Vinh Chung, who will rack up plenty of frequent flyer miles while traveling from Seattle to his hometown of Hamilton, New Zealand; freshman Mike Sayenko, born in the Ukraine; and senior Elena Popovskaya, a native of Russia.

'Note' Worthy: Junior Brendan Tuohy is doing his best to debunk the stereotype of the oafish thrower. The Tacoma, Wash., native, who leads all Husky competitors in 2003 in the shot put and hammer throws, is majoring in music at the UW and boasts a fine tenor voice. When not throwing, Tuohy can be heard performing such works as Bach's Oratorio for the UW School of Music, and in concerts with the Tacoma Opera and the UW Chambersingers. Tuohy will continue his musical education upon earning his degree.

Head Coach Greg Metcalf: Former Husky All-American **Greg Metcalf** is in his first year as the UW's head coach of track and field and cross-country, and his sixth year overall at Washington. In five seasons as a UW assistant, Metcalf led the women's cross-country team to five-straight NCAA appearances, including a UW-best ninth-place finish in 1998. Metcalf has coached eight All-Americans, five Pac-10 champions, 13 school-record setters and 62 NCAA qualifiers. A 1993 UW graduate, Metcalf was a two-time All-American in the steeplechase, and ran in the 1996 U.S. Olympic trials.

Star-Studded Staff: Washington's coaching staff in 2003 is in no way short on accolades. Seventh-year vaults/jumps coach Pat Licari has directed three All-Americans, including NCAA champion Brad Walker. First-year throws coach Bud Rasmussen founded the prestigious Iron Wood Thrower Development Camp, and in seven years at North Idaho College, mentored 82 NJCAA All-Americans, 18 national champions and five NJCAA record holders. First-year sprints/relays coach Dion Miller last year led Texas Tech sprinters to 13 All-America accolades, and a Big 12 title in the 4x100-meter relay. Second-year distance coach David Bazzi, a Husky alum, was the 2001 Pac-10 champion at 10,000 meters, and still holds three all-time school records. Rounding out the all-star cast is first-year distance coach Kelly MacDonald, who graduated from Arizona State in 2002 with five All-America honors and three Pac-10 titles.

2003 NCAA Indoor Championships Recap: Without a doubt, the 2003 NCAA Indoor Championships were nearly a perfect finish to an outstanding indoor season for the University of Washington track and field teams. Senior Brad Walker backed up his No. 1 ranking in the pole vault, earning Washington's 25th-ever NCAA individual title with a vault of 19-feet, 0 1/4 inches that is the best-ever by a Pac-10 vaulter, third-best in the world in 2003, and tied for sixth-best in NCAA history. Senior Jeremy Park earned All-American honors with a 13th-place finish in the 3,000 meters, helping lead the Husky men to a tie for 20th overall at the meet. Senior Courtney Inman placed ninth overall in the mile, and sophomore Kate Soma was the 12th finisher in the pole vault, each improving their finishes from the 2002 NCAA Outdoor Championships. Top-ranked Arkansas ran away with the men's title, while LSU defended its indoor crown on the women's side.

NCAA Championships By the Numbers: Including Brad Walker's record-breaking win at this year's NCAA Indoor Championships, Husky athletes have earned 25 NCAA individual crowns all-time. Poignantly, the 2003 season marks the 40th anniversary of the Huskies' only other NCAA pole vault championship, won by Brian Sternberg in Modesto, Calif., in 1963. The 2003 season also marked the fifth anniversary of Ja'Warren Hooker's 1998 55-meter title, and the 25th anniversary of the second of three-consecutive indoor weight throw titles earned by legendary Husky Scott Nielson. Nielson was certainly the most prolific titlist in school history, graduating with seven NCAA championships, including the three indoor weight throw crowns, and four-straight NCAA hammer titles from 1976-79. Besides Nielson, two other Huskies earned multiple NCAA titles, including hurdler Steve Anderson, in 1929 and 1930, and Gus Pope, who captured both the discus and shot titles 1921. Interestingly, of the 21 Husky athletes to win titles prior to Walker (list includes the three multiple-time champions and one relay), eight went on to compete in the Olympic Games, including three Olympic medalists.

2003 Indoor Season Recap: The 2003 indoor season will long be remembered as one of the most exciting in UW history, with school records, American records, and top-10 world marks falling left and right. In all, eight school records were set during the team's five weeks of competition at Dempsey Indoor, including a pair of records by Courtney Inman in the 800m and mile runs. At the 2003 NCAA Indoor Championships, Inman was a top-10 finisher in the mile, Jeremy Park earned All-American honors at 3,000 meters, and pole vaulter **Brad Walker** won his first NCAA title, crushing the competition by nine inches. Walker's mark of 19 feet, 0 1/4 inch was three inches beyond the Pac-10 record, and tied for third in the world during the 2003 indoor season. In fact, a glance at the 2003 IAAF World Rankings reveals dozens of marks set on the Dempsey Indoor track. As many as 2,500 spectators packed the facility each week, creating a highly-charged atmosphere that attracted such luminaries as two-time Olympic medalist John Godina, and fellow Olympians Seilala Sua, Bolota Asmeron, Michael Stember and Ja'Warren Hooker. The Huskies also didn't discriminate by age, as a pair of Masters' Division athletes, Tony Young and Harold Morioka, combined for three all-time U.S.-best marks, and the Northwest's top preps filled the facility on three weekends.

Top Dawgs: Three seniors and one junior, distance runner **Todd Arnold**, were selected captains this season by a vote of their teammates. Arnold, a Pac-10 qualifier at 1,500 meters in 2002, is joined by senior All-American **Brad Walker**, the 2002 NCAA runner-up in the pole vault, as captains on the men's side, while a pair of school-record holders — **Kameko Gay** in the hammer and **Courtney Inman** in the mile — lead the women.

Historic Husky Stadium: On the shores of Lake Washington and with vistas of Mount Rainier, Husky Stadium's current capacity of 72,500 seats makes it the largest stadium in the Pacific Northwest and the nation's 15th-largest on-campus facility. Built in 1920 at a cost of \$600,000, the facility has hosted some of the world's most prestigious meets, including the 1990 Goodwill Games, at which 33 Husky Stadium records were set. The stadium has also served as host of the 1971 NCAA Championships, the 1972 AAU Championships and the 1990 and 1997 Pacific-10 Conference Championships.

Dempsey Indoor: The 80,000-square foot home of Husky indoor track opened in September of 2001 to rave reviews. The facility includes a permanent 307-meter MONDO track (six lanes on the straightaway, five on the oval) and a full 100-yard FieldTurf infield equipped to host the shot put, weight throw, long jump, triple jump, high jump and pole vault events. Already in 2003, Dempsey Indoor has played host to five former Olympians and witnessed five top-10 world marks, three top all-time U.S. marks (though not officially records), eight UW indoor school records and dozens of NCAAqualifying marks. In addition to its competitive use, the building is utilized as an indoor practice facility for Washington's football, softball, baseball and men's and women's soccer teams, and is considered one of the premier indoor facilities on the West Coast. The facility is named for California businessman Neal Dempsey, a 1964 Washington graduate. Dempsey and his wife, Janet, made the largest individual contribution ever to the University in January of 2001. The Dempseys announced a gift of \$10 million to be split between the School of Business' "Program in Entrepreneurship and Innovation" and the Department of Intercollegiate Athletics.

Dempsey Indoor Draws World's Best: If Washington's home indoor meets this season seemed to shimmer in gold, it was likely due to the numerous current and former Olympians who highlighted the fields at Dempsey Indoor. The Feb. 1 Husky Invitational featured four Olympic athletes, including former Husky and 2000 U.S. Olympian Ja'Warren Hooker, who set a facility record in the 60m dash with a time of 6.63 seconds. Hooker was joined by fellow U.S. Olympians John Godina and Seilala Sua, and distance runner Bolota Asmeron, who competed in 2000 for his native Eritrea. Godina, a two-time Olympic medalist, heaved the shot 65-6 3/4 in a winning effort, while Sua took the women's shot with a throw of 56-8, besting her own facility record. Asmeron, however, highlighted the competition, clocking the world's sixth-fastest indoor 3,000-meter time of the 2003 season with a mark of 7:49.68 which, at the time it was run, was the world's best this season. Also, 2000 Olympian Michael Stember set a facility record in the mile at the UW Invitational.